
DOGGIE BAGS

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Bring a Cooler!

If you're planning on a movie or a little shopping after dinner, then it's not safe to leave the food to sit in the car for that extra time. Bring a cooler with ice if you know you're probably going to get a doggy bag... that's a good thought whether you're going straight home or not.

Safety at Home:

Once you get that doggy bag home, rewrap those leftovers and put them in the refrigerator as soon as possible. Those little foam boxes aren't airtight and don't do a great job of keeping the food moist and fresh.

The storage temperature of the leftovers is another key thing to think about. Refrigerators should be kept at 41 degrees or below.

The Two Hour Rule:

With the size of many restaurant portions these days, it's only wise to bring part of your food home for another meal... or possibly two. Whether you're really taking the food home for the dog or yourself, it's also important to keep it safe. That's where the "two hour rule" comes in.

Perishable food left at room temperature for more than two hours may become unsafe to eat. Remember, it becomes the "one hour rule" when temperatures are hotter than 90 degrees outside. Think about how hot the inside of a car can get.

